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Dallas, Texas 75231
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Building 2, Suite 221
Plano, Texas 75093
P: (972) 378-3708
F: (972) 378-5385

PRE-OPERATIVE INSTRUCTIONS

1. Your surgery is schedule for ____:____ AM PM at _____.
2. Please arrive at the hospital or surgery center at least 1 hour prior to your scheduled surgery time.
3. **DO NOT** eat or drink anything after 12:00, midnight, prior to your surgery or as directed by your anesthesiologist. Any heart or blood pressure medications should be taken with a sip of water the morning of surgery.
4. **DO NOT** take any aspirin-containing products for 2 weeks prior to your surgery (including Motrin, Advil, Ibuprofen, Aleve, etc.). If you need to take something for pain you may use Tylenol.
5. Additional instructions:
