
POST OPERATIVE INSTRUCTIONS EAR TUBES

Recovery from anesthesia only lasts about 30 minutes to 2 hours. Children are often disoriented and fussy, they may nap in the morning after their surgery.

DIET

Begin with clear liquids immediately after surgery. Diet can return to normal as soon as you get home from surgery.

ACTIVITY

Activity level should not be restricted after the anesthesia effects have worn off.

WHAT TO EXPECT AFTER SURGERY

Ear Drainage: Not uncommon if ears had fluid or infection at the time of surgery. If drainage persists after the course of ear drops, please call your doctor.

Fever: Uncommon, but the doctor should be notified if temperature is above 101.5 Fahrenheit.

Pain: Ear pain does not occur, but Tylenol can be given if fussiness persists.

Ear Pulling: Not uncommon, not a sign of infection, often related to improved hearing.

MEDICATIONS

Ear drops as directed by your doctor. Antibiotics if directed by doctor.

You may bathe your child normally any time after ear tubes. Ear plugs are only necessary if your child will be 3 feet or deeper under pool water or immersed in lake water. Our offices can make custom-made swim molds if earplugs are needed.

**PLEASE DO NOT HESITATE TO CALL THE OFFICE IF YOU HAVE ANY QUESTIONS,
CONCERNS OR IF PROBLEMS ARISE.**